



# 4Seasons Probus Club

Collingwood

## "Newsletter"

Issue Date:

May 16th,  
2018

Founded: November 17th, 2017

Issue # 05

### **President's Message:**

Rain and cold have slowed down the roll out of our outdoor activities but it appears that there will be a turn for the better this week and we should be in full flight by the long weekend.

Just a couple of courtesy reminders to all our participants. Please reply by email to the activity coordinator to let them know you will be attending. Knowing the numbers enables them to organize a more enjoyable event. Phone if you are running a bit late or if something comes up that will prevent you from participating so the group is not kept waiting. If you are like me, you may have signed up for more activities than you can handle. We want to do it all but if you know you will need to drop out of a group, let the coordinator know that you would like to be removed from the roster. It may make room for someone on the "wait list" and it will save you from a lot of email. Finally, offer constructive suggestions and help to your coordinators. It will make everyone's experience better.

Our purpose in Probus is to connect members with common interests. Our focus is internal. We recognize, however, that there are numerous events that take place outside our organization that are of interest to our members. The Management Committee believes that we should use a small segment of time at our monthly meeting to help our members connect with the community. What is going on in the arts, theatre, music? What health and municipal services are on offer? Economic development? Festivals? The list goes on. We would like to form a committee to help us gather the info and present it to our members in the newsletter or at a general meeting as it becomes available. If you can help, introduce yourself to me at our upcoming meeting or contact me by email at [sofficer@bell.net](mailto:sofficer@bell.net) or by phone at 519-281-7207. Thank you.

Steve Officer

President

PS – Congrats to Jim Edgeworth, winner of the 50/50 draw on April 25th. Jim won \$140! I'd say he looks happy 😊





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### Guest Speaker This Month:

#### **Presenter: Dr. Karen Murtaugh - Collingwood Sport Medicine Clinic**



Dr. Karen Murtaugh joined the Collingwood Sport Medicine Clinic in 2015. Previously, she had practiced in the Burlington, Milton and Toronto area as a primary care sport medicine physician. Dr. Murtaugh completed her family medicine training and Sport Medicine Fellowship in 2007 at McMaster University. She is certified by the Canadian College of Family Physicians and the Canadian Academy of Sport Medicine. Dr. Murtaugh is actively involved in teaching as an Assistant Clinical Professor (Adjunct),

Department of Family Medicine, McMaster University. She has published several articles and research papers since completing a Master's Degree in Kinesiology (Sport Biomechanics) in 2000.

Dr. Murtaugh has been involved with several events such as: The Vancouver 2010 Olympic Games, FIFA Under 20 Women's World Cup in Toronto, Toronto 2015 Pan Am Games and, most recently, the Toronto 2017 Invictus Games. This promises to be a fascinating presentation, so come on out and bring your questions!!!



#### Upcoming Guest Speakers:

**June 27, 2018** – "Cannabis" (aka: Marijuana) The Use, Legalization, and Regulation

Presenter – Leah Simon, RN, BScN

July / August 2018 - There will be no general meetings held during the summer months

**September 26, 2018** – Climbing Mt Kilimanjaro

Presenter – Catherine Daw - (member of 4Seasons Probus Club)

**October 24, 2018** - "1812 and the Age of Sail"

Presenter - Bracebridge Author Cheryl Cooper

**November 28, 2018** – TBD

There is an outline of the speakers we currently have and we thought it would be a good idea to give our members a list of what we presently have planned.

With a membership now of 250 members I am sure there are people with some very interesting life experiences that would be of interest to our group, from a career perspective, a travel experience or a personal experience. We are always looking for ideas/suggestions for speakers, so do not hesitate to contact either:

[Martin Ruthven](#) or [Cate McMullen](#).

Martin Ruthven - Speaker's Chair

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### **Social/Activity Co-conveners' Message:**

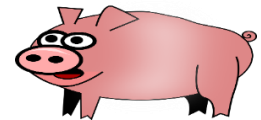
Time to bring out the hiking shoes, bikes, tennis racquets, motor cycles, walking shoes, kayaks.... Please see the activities chart for contact information for all our co-ordinators. There will be the opportunity at our next meeting to sign up for any activities that interest you.

If there is an activity in which you are interested that we do not currently have going, please contact [activities4seasons@gmail.com](mailto:activities4seasons@gmail.com). We will arrange to have a sign-up sheet prepared for the next meeting.

Co-ordinators can you please provide us with updates including pictures of your activities. If you or someone from your group can send a quick email for us to include in the monthly newsletter we will all enjoy hearing what you are doing.

Our sponsor club Mountainview Probus is holding a picnic on Thursday July 12th, from 4 to 9 pm at Rounds Ranch in Elmvale. Dinner is at 6:00 pm, dancing with DJ Joe Cully is from 7:30 to 9 pm. Cost is \$42.00 per person with payment required at time of sign up.

Please don't forget about our inaugural "Pig Roast" being held June 23rd – event details further on. Last sign up on May 23rd!



### **FOR ANY EVENT WHICH WILL REQUIRE PAYMENT UP FRONT, TO AN EVENT PROVIDER, PLEASE ADHERE TO THE FOLLOWING GUIDELINES:**

As a club, we are not able to cover cost over runs for events. Therefore, please provide the management committee with the event details prior to offering sign up for members. These details would include: date, cost, location, minimum number of participants required, final commitment/cancellation date. All participants will be expected to pay at the time of sign up with a cheque payable to 4Seasons Probus Club. Our treasurer will then pay the event provider when we are invoiced. If you have questions, please contact any of the members of the management committee.



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### Updates from our coordinators for our activities/events

A huge thank you to all our coordinators who are leading us in some great activities. The weather has finally agreed to allow us to begin some of our summer activities. The following are summaries of some of our events. In addition, there are more planned, including Motorcycle riding, bee keeping, road biking, tennis, and more. See the activity table further on for contact information and times.

#### **Pole Walking**

The 4Seasons pole walkers had four sessions of instruction and walks around the Collingwood streets and trails. There was great conversation, information sharing and friendship among the 14 members during the Monday walks.



#### **Hiking**



Most were very understandably put off by the prospect of a wet hike today. It was actually raining lightly when we left Collingwood.

Luckily it turned out to be a lovely dry hike. The temperature was perfect. The woods are beautiful with a carpet of green for the start of trilliums and other wild flowers. The water falls were super after lots of Spring run-off.

The hike itself was a little over 1.5 hours.

Not to worry if you missed this one, it's nice enough that it is worth trying again next week when the flowers are likely to be more fully out.

So, let's try again next Thursday (May 17). Same time, same place.  
(Long range weather forecasts claim sunshine ....)





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### Cooking Club

Our first cooking event which took place at the Lively Olive Tasting Room was very enjoyable and informative. Members dined on delicious dishes while learning about the production of olive oil and different olive oil and balsamic vinegar pairings.

The next two cooking events to consider will take place at the **Loblaws PC Cooking School** (2nd level of Loblaws) in the month of **June**.



### 1) It's Strawberry Season- Basic Canning: Thursday, June 14, 6-8pm. Cost: \$15/person

The President's Choice Cooking chef will demonstrate how simple and easy it is to preserve the very best of the strawberry season. The chef will show you how to preserve safely as well as offer handy tips to help you enjoy a variety of fresh fruits for the rest of the year.

### 2) What's for Dinner?: Tuesday, June 26, 5-6pm. Cost \$15/person

Join this class to receive great tips on preparing quick and easy meals. The President's Choice chef will show the steps in creating the menu of the day. (appetizer, main, dessert) After sampling the dishes you will receive the recipes and a \$10 PC Gift Card.

Since both of these planned events have a short timeline and a cap of 30 people per class, I am suggesting that members sign up with a cheque payment to **4Seasons Probus Club** at our next monthly meeting on **Wednesday, May 23rd**. Look for the sign-up sheets on the tables at the back of the Legion hall.

If you cannot attend the meeting and intend to participate in one or both PC classes, email me your response and then post a cheque by **May 29** to:

4Seasons Probus Club  
Box 114  
Collingwood Ontario  
L9Y 3Z4

The cheque should include a note for the Treasurer explaining what the payment is for. Please be aware of these dates since I will need to submit numbers to the PC Cooking Coordinator by the end of the month.



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### Walking Group

We meet on Tuesdays at 10 am at Harbourview Park (behind McDonald's) and walk for about an hour to an hour and half.

Anyone who would like to go for a walk, join us.



### Golf Outings at Cranberry

FORE!!! Let the golf begin...

Our inaugural outing for the 18 Hole Golf group at Cranberry is rapidly approaching for Monday May 28th with tee times starting at 1:24 p.m. The weather forecast for the next 2 weeks is in the 15 - 22 degrees C range. We are hoping for good weather and a fun game for all.

The number of members signed up for the May 28th date is about 15 and we still have room for a few more. We are asking that everyone who has signed up please arrive 30 minutes before in order to allow time for payment through the golf shop, any warm up required, and foursomes to be organized. If anyone who signed up can no longer make that date please let us know right away as we need to give a definite number by May 21st. Anyone still wishing to sign up please contact us asap.

We have a favour to ask of those participating ... would you please come by the Golf Table during the May 23rd Probus meeting (before, during break, or afterwards) and make sure we have you on the list. It will be nice to put names and faces together and make sure our list is accurate. We look forward to seeing everyone and our upcoming rounds together.

### Euchre



It was a fun night at Dale and Pam Adams nice new house May 10<sup>th</sup>. Conversations, beverages and food were enjoyed by all. In attendance were Michael and Rita Leithead, Rory and Lorie Ring, Ian and Mary Ann Gallacher, and Wendy Wiese. The next round will be 8 people/two tables, hosted by Wendy Wiese on Thursday June 14<sup>th</sup>.



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### **Guess Who's Coming to Dinner**

April 17<sup>th</sup> was the date of our first "GUESS WHO'S COMING TO DINNER" event.

By all reports, everyone who attended experienced a unique evening. Guests arrived at homes of hosts they had never met before and hosts had no idea who would be arriving at their door. No one knew what the menu would be - it all depended on what course people would bring. The meals were delicious and each one very different from the others. However, the food was not the main event. The interesting conversations, new acquaintances, and great fellowship ruled the night and everyone stayed later than their usual bedtimes.

We had 34 guests in all. A special thank you to the hosts for their gracious hospitality: Pam/Dale Adams, Steve/Carol Officer, Sharon Yates/John Miller, and Jane/Frank Tilley. And of course, thank you to all the guests for coming out and making the evening so much fun.

Please note that the date of our next dinner is **Tuesday, September 25**. A sign-up sheet was available at our May meeting and 38 people have signed up so far. The sheet will be available at our June meeting and we welcome you to sign up and enjoy the fellowship. You will receive emails in late August letting you know the address of your destination and what course you have been asked to contribute. If you cannot attend the meetings and wish to attend, email both Jane Tilley ( [janetille46@gmail.com](mailto:janetille46@gmail.com)) and Sharon Yates ( [sharonyates1106@hotmail.com](mailto:sharonyates1106@hotmail.com))

### **Dining Out Group**

The Dining Out Group will be meeting for dinner at Cranberry Resort, at the Station on the Green at the golf clubhouse patio if it is warm and sunny and at the lobby bar in the hotel if the weather is cold and rainy.

If any members signed up for Dining OUT and have not received an email from Laurel Gibson, please see me at the May 23rd meeting, or email me at [lginthehood@gmail.com](mailto:lginthehood@gmail.com) as their email address is unclear from the sign-up sheet.

### **Contemporary History**

The Contemporary History Group met on April 18<sup>th</sup> for the first time. The next meeting will be in conjunction with the International Churchill Society's Southern Georgian Bay chapter, and will feature short book reviews by a number of presenters, and a unique DVD about Churchill.

### **Investor group**

There was a meeting of the Probus Investor Group at the Canadian Legion premises on March 20<sup>th</sup> attended by 16 members. Over 30 individuals signed up for this group, but conflicting schedules prevented full attendance. The group was divided into two, with one group being interested in more elementary discussion about establishing an investment portfolio, and the other consisting of individuals who have experience in personal portfolio management and who



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wished to exchange ideas. It was decided to hold meetings roughly every 2 months and it was proposed that we invite guest speakers to address the group periodically.

The next meeting of the Investor Group is scheduled for Monday May 28<sup>th</sup>, and will feature a discussion about Exchange Traded Funds with a guest speaker. This will be the group's second meeting.

### **Golf Lessons**

Golf lessons with Jacob French are organized for four consecutive Mondays beginning May 28<sup>th</sup> at Duntroon Highlands. There are two groups—one at 1:00 and one at 3:00. If you have signed up for golf lessons and paid the fee, but have not heard from Jacob, you can contact him at [jacobfrench22@gmail.com](mailto:jacobfrench22@gmail.com)

### **Knitting club**

This group meets the second Monday every month at Sandi Allevato's house. New participants are welcome to attend and learn to knit, or work on a project.

### **Book clubs**

Our three book clubs are continuing to meet. Please check the activity chart for information on convenors and meeting dates.

### **Garden Club**

The initial meeting was on Monday, May 14 at the home of Sylvia Lancaster. New members are welcome to sign up.

### **Trail Biking**

Due to inclement weather, the two outings planned for May 4 and 11 were cancelled. Hopefully the ride planned for May 18 can go ahead. Participants meet at Pet Valu in the Canadian Tire Parking lot. Ride will be for about 1 ½ hours with lunch to follow at the Iron Skillet. If you have signed up please ensure you advise Diane Fitzgerald if you will be attending lunch.

### **Kayaking**

We have been busy getting organized. By now those who have signed up will have completed a survey to help us better plan out the season. We have also sent out a communique to the club members with a review of results and our next steps. Following the May meeting on the 23rd we are hosting a club meeting from 3pm - 4pm at the Legion. We have invited Richard Bowering from Eagle Adventures to come and outline the clinics and answer questions. Hope to see all eager kayakers at the first in person club meeting!  
Karen Malbeuf and Catherine Daw, Kayak Club coordinators





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### Wine Study Group News

The Wine Study Group held its 3<sup>rd</sup> Study Session on Thurs. May 3<sup>rd</sup> where we studied some wines of France. A special thank you to Sue Dewar and her husband Don MacPhail who hosted our study session in their home. Sue also presented a white Muscadet, from Chateau de Gravelle in the Loire valley. Heather Hamilton presented a silver medal winning Chenin Blanc also from the Loire valley. Kathy Hayman presented a red from Chateau de Nages in the Rhone valley. To finish Jennifer Knight presented a Chateau Neuf-du-Pape also from the Rhone valley.

Plans are being made for an outing to the Coffin Ridge winery in June.



For the time being for sign up for activities, information on the group, such as meeting times if not posted, if there is not a contact, please click on the following email to contact Ann or JoAnne:

[activities4seasons@gmail.com](mailto:activities4seasons@gmail.com)

Sign up for all Club activities/events will also be available at the monthly general meetings. And please **bring a cheque to pay for activities or events that require payment.**

Activities/Events summary are listed on the next page.



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### **Activity/Events Summary:** (Click on the Coordinator's name to send an email)

Title of Activity	Coordinator	Schedule	Location	Status
Book Club 1	<a href="#">Susan Laderoute</a>	First Thursday Monthly	115 Conservation Way	Open
Book Club 2 – Non-fiction	<a href="#">Ruth Plant</a>	May 24th	372 Cedar Street	Open
Book Club 3	<a href="#">Barb Rogers</a>	3rd Tuesday Monthly	Various	Open
Wine Study	<a href="#">Bob Moenck</a>	June 5th	Coffin Ridge	Open
Guess Who's Coming to Dinner	<a href="#">Jane Tilley</a> (prime) <a href="#">Sharon Yates</a>	Sept. 25th	Various - TBD	Open
Learn to Knit	<a href="#">Sandi Allevato</a>	2nd Monday Monthly	Sandi's Residence	Open
Quilting	<a href="#">Erika Gillis</a>	TBD	TBD	Open
Pole Walking	<a href="#">Mary Jane McIntyre</a>	Mondays	TBD	Open
Group Investing	<a href="#">Barry Davenport</a>	TBD	TBD	Open
Euchre	<a href="#">Kim/Jerry Colson</a>	First Thursday Monthly	Various	Open
Contemporary History	<a href="#">Barry Davenport</a>	April 18th	TBD	Open
Golf Lessons	<a href="#">Ann Fenton</a>	Mondays beginning May 28th	Duntroon Highlands	Open
Golf Outings	<a href="#">Lori Prest</a> (prime) <a href="#">Norina Goegan</a>	May 28th	Cranberry	Open
Golf Weekly	<a href="#">Mike Liethead</a>	Weekly	Monterra Golf Club	Open
Theatre	<a href="#">Jennifer Knight</a> (prime) <a href="#">Heather Hamilton</a>	Single Events	Various	Open
Cooking	<a href="#">Pat Bergman-Billo</a>	June 14 & 26	Loblaw	Open
Walking	<a href="#">Mieke Meere</a>	Tuesdays at 10:00	Harbourview Park	Open
Hiking	<a href="#">Steve Rogers</a>	May 17th	Blue Mountains	Open
Gardening - Landscaping	<a href="#">Sylvia Lancaster</a>	TBD	TBD	Open

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Title of Activity	Coordinator	Schedule	Location	Status
Trail/Mountain Biking	<a href="#">Diane Fitzgerald</a>	May 18th	Pet Valu parking lot	Open
Road Biking	<a href="#">Gillian Mayne</a>	TBD	TBD	Open
Travel	Coordinator Required	TBD	TBD	Open
Kayaking	<a href="#">Karen Malbeuf</a> (prime) <a href="#">Catherine Daw</a>	Info meeting after general meeting May 23rd	Legion	Full
Yoga	<a href="#">Jacqui Eger</a>	3rd Wed. Monthly	YMCA	Open
Drop in Cards	<a href="#">Penny Preston</a>	Start in May	Collingwood Legion	Open
Tennis	<a href="#">Ron McGhee</a>	TBD	TBD	Open
Motorcycling Group	<a href="#">Bryan Vermander</a> (prime) <a href="#">Mike Bettam</a>	TBD – a survey has been sent out.	TBD	Open
Bee Keeping Group	<a href="#">Ron McGhee</a> (prime) <a href="#">Bryan Vermander</a>	TBD – a survey has been sent out.	TBD	Open
Dining Out	<a href="#">Laurel Gibson</a>	Early May	Cranberry Resort Station	Open

Couple of Kayaking shots to remind us 'summer' really is coming!



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### Additional Event Information:

SOCIAL EVENING

AND



CHARCOAL SPIT ROASTED PIG DINNER

JUNE 23, 2018 – Cost is \$38.00 per person (includes all taxes and Gratuities).

BLUE MOUNTAIN GOLF AND COUNTRY CLUB

This is a great opportunity to come out and meet some of the many members of our terrific new club. We will be limiting this to 80 people so I recommend you sign up and pay as soon as possible. If you are interested in attending please send an email to [jomart.ruthven@gmail.com](mailto:jomart.ruthven@gmail.com). I will have a sign-up sheet again at our meeting on May 23rd, so be sure to bring your cheque book, and make your cheque payable to "4Seasons Probus Club". Our guest list will be determined by who has placed their name on the sign-up sheet and paid. If you forget to bring your cheque book, you can always send the cheque to; 4Seasons Probus Club, P.O. Box 114, Collingwood, ON, L9Y 3Z4. Please indicate on the cheque what it's for, i.e. Pig Roast – June 23. Cheques must be received no later than May 23<sup>rd</sup>.

GUESTS ARE WELCOME!

### MENU

*Artisan Breads*

*Garden Green Salad Family Style*

*Charcoal Spit Roasted Pig*

*Seasonal Vegetables*

*Potato Dauphinoise*

*Three Fruit Crisp with Ice Cream*

*Coffee or Tea*



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### **2018 Management Committee:**

Position	Name	Phone number
President	Steve Officer	519-281-7207
1st Vice President	Stephen Haslam	519-216-1799
2nd Vice President	Diane Fitzgerald	416-930-1850
Treasurer	Sue Barbour	416-985-7164
Secretary	Mary Ferguson	647-640-7875
Membership Chair	Bruce Clark	705-532-9829
Communication Coordinator	Bryan Vermander	705-446-2349
Social Coordinator	Ann Fenton	519-940-2582
Social Coordinator	JoAnne Ruthven	289-383-3129
Speakers Chair	Martin Ruthven	289-383-3129